



Poultry Press

Promoting the compassionate and respectful treatment of domestic fowl

Chosen one of the BEST Nonprofit Publications by UTNE magazine



UPC# 11656

United Poultry Concerns

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Visit Our Web Site:
www.upc-online.org



Photo by: CBS Outdoor

“Thanks to United Poultry Concerns, chickens and turkeys are now front-and-center on the animal rights agenda.” Norm Phelps, *The Longest Struggle*

As the summer days pass into fall, UPC is pleased to report a very exciting and productive summer. Participation at major conferences and universities in the U.S. and Canada was one big part. But especially exciting has been our advertising campaign through the Washington DC Metro Area transit system, where thousands of commuters, pedestrians and out-of-town visitors saw our eye-catching Metrotrain Cards and King-Size Bus Posters from April through July. Here are just a few of the many enthusiastic comments we received from people who saw our ads.

“I just want to say congratulations. I was driving in Arlington, Virginia and saw your ad on the side of a bus – instead of the usual advertising. Congratulations and Thank You!” – *Norma Lester*

“Hi Karen! I was sitting here at my desk yesterday when my dad called to say he had just been in the Metro in DC when he looked up and saw a big poster with my face on it! Of course I’d told my parents about the plans to use the picture of me and Chesterbuddy in that ad. My parents live in California, but my dad just happened to be in DC for business.” – *David Perle*

“Thanks for your ads in the Washington, DC Metrotrains. I saw one of the 'Life Can Be Beautiful' ads and it brightened my day.” – *Sergio Moncada*

“We’re all seeing your bus ads around DC

and they look great! Thanks for doing this!” – *Kim Herman*

“Thanks for your ads on local Metro buses in Maryland! As soon as I saw a photo of a chicken on a bus, I thought ‘uh oh, are they trying to sell them to me fried?’ So I was thrilled when I pulled up to the side and read your ad. This led me to your website and an opportunity to order your *Instead of Chicken, Instead of Turkey* cookbook. Thanks for all your excellent work!” – *Donna Hutton*



David Perle & Chesterbuddy draw praises in DC Metrotrains

the summer *Poultry Press* was wonderful. Words to live by. And I love all the posters and signs on buses. Thank you again for caring so much for all the birds.” – *Tierney Grinavic*

“Just wanted you to know I saw your ads on two buses here in Annandale, VA. They looked great. I saw them both about the same time, going in different directions, both around rush hour. . . . Saw another bus ad yesterday around 5 PM on a bus at Bailey’s Crossroads – a major traffic area.” – *Nina Natelson*

“I noticed your bus ads on Washington DC Metro buses, and am very happy to see your animal rights messages in my daily commute since I know they are seen by many.” – *Jake Snyder*

“Very, very positive message – and well done. Thank you for presenting United Poultry Concerns in a classy manner.” – *David Wolotsky, CBS Outdoor*

“I love what you’re doing to help the birds. Your article on “The Rhetoric of Apology in Animal Rights” in

“The bus posters are fabulous!” – *Clare Druce* ♡

In 2007, United Poultry Concerns received a major bequest from the estate of Dietrich von Haugwitz, who passed away on June 26, 2006, following a dedicated life of activism for animals in North Carolina. Dietrich’s gracious bequest not only enabled us to pay off our property last year; it provided the funds for our Washington DC Metrotrain and King-Size Bus ads this past summer. Total cost for 220 Metrotrain ads was \$26,646. Total cost for 100 King-Sized Bus ads was \$23,932. These costs included printing, installation and maintenance of the 320 total posters.

So inspired are we by the enthusiastic response to our DC Metro ad campaign that we’ve signed a new contract with CBS Outdoor – this time for 100 King-Size Bus Posters to run from mid-October through mid-November with our message of compassion for turkeys that we hope will increase the number of cruelty-free holiday dinners this year. To see our Holiday Bus Poster, please turn to page 10.

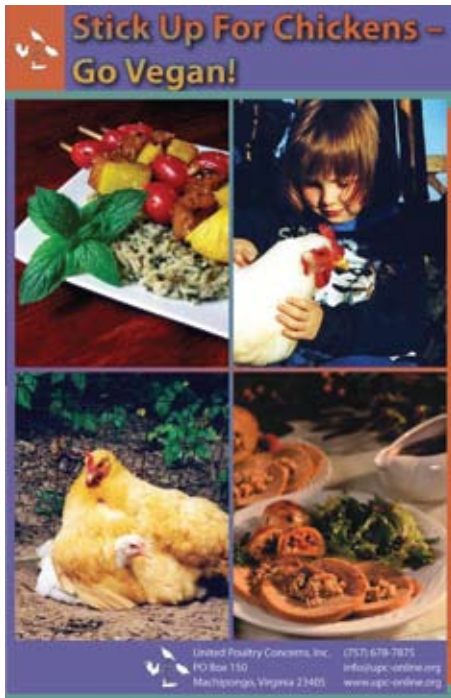
Please support our effort. To do the kind of work that needs to be done for the birds requires a secure foundation of financial support. Please give generously this holiday season and in the year ahead. We need your help and we thank you for making our work possible.

Yes! I want to contribute to UPC’s Creative Advertising Campaign for Chickens and Turkeys. Please accept my tax-deductible contribution in the amount of:

\$50 \$100 \$250 \$500 \$1000 \$5000 \$10,000 Other

All contributions are tax-deductible and greatly appreciated! Federal ID: 52-1705678

New from UPC – Order Now!



Stick Up For Chickens - Go Vegan! Brochure

“Your new brochure does everything it needs to do, the vegan message, the masculine images, the recipes – keep up the fantastic work.” – Attorney Sean Day

“Your EXCELLENT new vegan brochure – It’s the best one out there!” – Barbara Lomow

Our new brochure *Stick Up for Chickens - Go Vegan!* has everything! Great recipes, health info, environmental facts, animal farming (ugh) & why sports heroes and other smart folks are going vegan – in their own words. Plus resources. 24 full-color 5.5 x 8.5 pages with photos. To view the brochure & order by credit card, go to www.upc-online.org. Or send check or money order to our regular mailing address.

\$1.00 each. 20 for \$5.00. 50 for \$10.00. 100 for \$15.00. 200 for \$25.00

*Please note that these prices do not cover the cost of printing the brochures, but we want to make them available at a low cost to encourage people to



Photo of Russell Simmons accompanied by this statement from our new brochure:

Hip hop mogul Russell Simmons told CNN why he follows a vegan diet: “To cause less harm to the environment and to animals. And I feel better.”

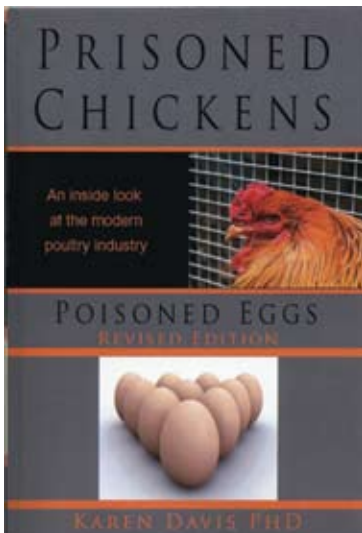
hand them out. As always, additional donations are encouraged and appreciated to allow us to print more brochures to reach more people. *Thank you for your support.*



New Mailing Stickers & Buttons for Turkeys

Order our beautiful new mailing stickers and buttons *“Turkeys are Friends, Not Food.”* STICKERS: 2”x 2.5”. 100 stickers for \$10. BUTTONS: \$2 each. 3 for \$5. 10 for \$10. Prices include shipping.





Coming Soon! PRISONED CHICKENS, POISONED EGGS: AN INSIDE LOOK AT THE MODERN POULTRY INDUSTRY – New Revised Edition, 2009

*“At the heart of this story is the chicken, to whom this book is dedicated, and on whose side, and at whose side, I remain steadfast.” – Karen Davis, President & Founder of United Poultry Concerns, author of *Prisoned Chickens, Poisoned Eggs**

The 1996 edition of *Prisoned Chickens, Poisoned Eggs*, by UPC President Karen Davis, exposed modern poultry practices, revealing the tragedy chickens endure through the lens of a brutal and remorseless industry. The book acted as a catalyst within the animal advocacy movement. The New Revised Edition of *Prisoned Chickens, Poisoned Eggs* looks at a world in which avian influenza, food poisoning, global warming, genetic engineering, and the expansion of poultry production and consumption are careening to an unsustainable point. Read the compelling argument for adopting a compassionate, plant-based cuisine as an alternative to the warfare waged on defenseless chickens. Forthcoming in early 2009 by The Book Publishing Company. ♡

“I just finished rereading Prisoned Chickens, Poisoned Eggs. It is dynamic. For the second time, it moved me to tears and horror. Your knowledge, and your eloquence, are stunning. Congratulations once again. I’m looking forward to your updated edition.”

– Dorothy H. Hayes, author of *Animal Instinct*, a thriller novel about a reporter who discovers her true calling is crusading for animals (203)274-6642. Hayes@AnimalInstinctNovel.com. AnimalInstinctNovel.com

Would you like to do more to help the birds?
To receive our news updates, action alerts, and
learn about
upcoming events

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Just go to our website www.upc-online.org and sign up under
UPC Email Alerts. That’s all there is to it!

Poultry Press

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In Memoriam: Henry Spira, Animal Rights International

“What Wings Are For” - The Story of Ruby and Ivy



Photo by Jim Robertson

By Kay Evans

Ruby was a buff Orpington hen whom we'd had since she was a chick. She lived among our main flock with her hen friends and a rooster. When Ruby was three years old, she molted her feathers early, during the summer, and she seemed a little slower than usual, so we placed her in one of our “special needs” areas for a few days.

The next day I drove past a Perdue chicken shed on the way to visit my mother. These sheds were near the highway, and the doors were open. When I looked

closer, I discovered two small chickens, abandoned among the manure and decomposing chickens left behind in one of the sheds by the chicken catchers.

I brought the two chickens out of the shed and drove on to my mother's. It was a nice, sunny day, so I put the carrier in the backyard and opened the door. Being used to the “broiler” chickens being slow and handicapped, I was surprised when one chick came out right away and headed for the woods, straight into the poison ivy, and it wasn't easy for me to catch her.

My mother suggested Poison Ivy as a name, so I named the other one Oak. Unfortunately, Oak was never able to run from anybody. When she stood still, her right leg stuck out at a 45-degree angle, with her foot in the air. She had sores from scrambling around to survive inside the shed. She spent two days with us before being euthanized. I don't believe they were happy days for her, but I try to tell myself that at least they were peaceful. She had food and water and fresh air and sunshine, but every movement seemed to cause her pain. Releasing her from this world seemed the kindest thing we could do for her.

However, this left Ivy alone, which made for more sadness, so we moved her in with Ruby and



Why Chickens and Turkeys Bred for Meat Production are Lame and in Pain

*“Genetic selection of broiler chickens for rapid growth and gross hypertrophy of the breast muscle has created problems of ‘leg weakness’ in the heavy, fastest-growing strains. ‘Leg weakness’ is a euphemism used to describe a long and depressing list of pathological conditions of bones, joints, tendons, and skin [ulcerated skin caused by the ammonia-soaked bedding the birds are forced to sit in]. Similar problems are seen in the heavy strains of turkeys.” – Dr. John Webster, *A Cool Eye Towards Eden*, p. 156*

According to Dr. John Webster, a professor of animal husbandry at the University of Bristol School of Veterinary Science, while the causes of painful leg disorders in broiler chickens and turkeys are complex, “most of the conditions can be attributed, in simple terms, to birds that have grown too heavy for their limbs and/or become so distorted in shape as to impose unnatural stresses on their joints.” A study published in 2008 notes that in the past 50 years, the growth rate of chickens has increased “by over 300 percent,” resulting in “impaired locomotion and poor leg health.” Most chickens raised for meat are slaughtered as 6 to 7 week old babies, even though a chicken's skeleton is not fully developed even by 10 weeks of age. At 6 weeks old, only 85 percent of the chicken's skeletal frame has been formed, yet that frame is forced to support many times the amount of weight of a normal chicken, as noted in Bell & Weaver, *Commercial Chicken Meat and Egg Production*, pp. 630, 996.

watched them closely. Seeing they shared food and water and seemed fine with each other, we hoped they'd become friends and keep each other company. A day or two later when Jim went to check on them, he discovered Ruby sheltering Ivy under her wing, and went back inside for the camera.


Ruby and Ivy soon moved in with the small, every-changing flock of rescued Perdue chickens, and continued on as mother and chick. Sometimes the two of them would spend the day in my flower garden. They would dig in the grass and dirt, Ruby calling to Ivy when she found a tasty bug or seed, and the two of them coming to rest as in the photo. As Ivy grew bigger, she would still try to tuck herself under Ruby's wing, even though she was soon larger than Ruby. Finally, only her head fit under Ruby's wing. Even so, they both appeared very happy resting together like this.

Ivy died of heart failure within a year, but she and Ruby remained friends her whole life, even after Ruby



When Jim went to check on them, he discovered Ruby sheltering Ivy under her wing, and went back inside for the camera. As Ivy grew bigger, she would still try to tuck herself under Ruby's wing, even though she was soon larger than Ruby. I'm happy that, through the efforts of United Poultry Concerns, Ivy and Ruby have touched so many people and even had their image appear on Times Square.

stopped mothering her. After Ivy's death, Ruby remained with the Perdue flock until she died about three years later.

Ivy came from a Perdue shed in one of the poorest counties of North Carolina. I'm amazed and happy that, through the efforts of United Poultry Concerns, Ivy and Ruby have touched so many people, and even had their image appear on Times Square this past May. Though they have both been physically gone for several years, they continue to live on in this way and within my own heart. – Kay Evans 

Kay Evans and Jim Robertson are members of United Poultry Concerns. In 1996, they founded the Chocowinity Chicken Sanctuary and Education Center at their home, after years of rescuing and rehabilitating "spent" laying hens and baby "broiler" chickens in their area.

Canandaigua Academy Reneged on Pledge to End Chicken Slaughter Project, But the Project Has Been Suspended, Thanks to the New York State Education Department

***"We find ways to teach about situations that involve destructive behavior and killing other than re-enactment in a classroom," said Karen Davis, president of United Poultry Concerns. . . . Davis said that if the school decides to continue the unit, the slaughtering of chickens should be videotaped so that the public can see what is being taught.*" – James Goodman, Rochester Democrat and Chronicle, June 12, 2008**

In the Summer issue of *Poultry Press*, we gratefully announced: "*Chicken Slaughter Project at Canandaigua Academy in New York Stopped*

Due to Public Outrage." We invited our members to join us in thanking Lynne Erdle, principal of Canandaigua Academy (a high school in upstate New York), for stopping the killing of chickens in an ecology class that, in December 2007, slaughtered 21 chickens.

However, in July, the *Canandaigua Daily Messenger* reported that the May decision to stop the project was being reconsidered, and in early September, school administrators announced it would be offered as an elective, overseen by a "trained butcher" and other "experts" in an ecology class that raises, slaughters, and barbecues the chickens – airmailed from an

Iowa hatchery for this purpose – following a recommendation by the Canandaigua school district’s “chicken project committee” – a rubber stamp committee with the token exception of animal advocate Joel Freedman, who resigned in disgust, and who, in December 2007, had met with school administrators to plead for the lives of the birds, only one of whom, a little rooster, was saved.

UPC President Karen Davis told *Democrat and Chronicle* reporter James Goodman, in an interview on September 3, “We’re totally disappointed that the school administration did not stand by its decision to eliminate the chicken slaughter. There is no need to slaughter the chickens to teach how food gets to the table.”

Here’s the Good News. As we go to press, the New York State Education Department has notified the Canandaigua City School District that it should have requested a waiver to proceed with the project. However, the project did not meet waiver criteria and therefore the Education Department advised United Poultry Concerns on September 23 that the project was illegal and has therefore been cancelled.



High school teacher, Eric Cosman (right)

for denying a waiver that would allow Canandaigua Academy students to slaughter chickens as a classroom project. Section 809 of the New York State Education Law – Humane Treatment of Live Vertebrate Animals – provides that no school district, school principal, administrator or teacher shall require or permit the performance of a lesson or experimental study on a live vertebrate animal in any school or during any activity conducted under the auspices of a school where such lesson or experimental study employs termination of life. Under this law, the chicken project should be permanently removed from the curriculum. Contact and thank:

Dr. Ann Crotty, Associate in Science Education
Office of Curriculum, Instruction and Instructional Technology
New York State Education Department
89 Washington Avenue, Room 320EB
Albany, New York 12234
Fax: 518-473-4884
Email: acrotty@mail.nysed.gov

To learn more about our campaign to eliminate the chicken slaughter project, please visit www.upc-online.org/classroom/canandaigua.html. ♥

What Can I Do?

♥ Please write a polite letter to the New York State Education Department. Thank the Department

Freddaflower Memorial & Appreciation Fund



Liqin Cao and Freddaflower

The pain of losing them is the price we pay for the privilege of knowing them and sharing their lives. . . . Vicky Barbee

in Honor and Appreciation of the following beloved family members and friends:

In honor of Leonard, Nathaniel, Julie, Fredericka, and Bertha. – *Paul Deane*

In honor of Jessica Fomalont’s birthday. – *Julie Beckham & Ricardo Ferreira*

In honor of Jessica Fomalont’s birthday – *Elliot Gang*

We thank those people who have contributed to our work with recent donations *In Loving Memory and*

PLEASE, JOIN US TODAY!

We NEED Your Strong and Continuing Financial Support

New Membership **\$35** 2009 Membership Renewal **\$30**

Membership includes our quarterly *Poultry Press* Magazine to keep you informed on current issues, and how you can get involved in many other ways. If you would like to support us by credit card, please go to our website at www.upc-online.org and click on DONATE to make your donation. It's that easy!

Additional Tax-deductible Contribution:

\$20 \$35 \$50 \$100 \$500 Other \$ _____

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Please make your check payable to United Poultry Concerns. THANK YOU!

Are you moving? Please send us your new address.

Do you want to be removed from our mailing list? Please tell us now. The U.S. Postal Service charges UPC for every returned mailing. Remailing the magazine costs UPC an additional sum. Due to the enormous cost of remailing, we can no longer provide this service. Thank you for your consideration. Please keep up your membership. We need your continuing financial support.



United Poultry Concerns
PO Box 150 • Machipongo, VA 23405-0150

STOCK CONTRIBUTIONS

Dear Friends,

Several of our members have made financial contributions in the form of stock to United Poultry Concerns through our securities account. We are deeply grateful for these gifts, and anticipate more in the future. There are two obvious benefits in making stock contributions. Please consider these advantages in making your future gifts to United Poultry Concerns.

Donors may give as much stock as they want to a nonprofit organization without impinging upon their estate. By giving this way, they avoid paying a capital gains tax on their assets, because they are gifting their assets.

The benefits to the nonprofit are obvious. In giving a gift of stock, you enable the nonprofit of your choice to grow and do more. It's as simple and important as that. Everyone wins.

United Poultry Concerns has a securities account with **UBS Financial**. For information on how you can donate to us this way, please call our financial advisor, **Susan R. Waters**, at UBS at **757-490-5639** or **800-368-4070**.

From United Poultry Concerns and all our Feathered Friends, we thank you for helping to ensure our future!

Sincerely,
Karen Davis, Ph.D.
President



A LEGACY OF COMPASSION FOR THE BIRDS

Please remember United Poultry Concerns through a provision in your will.
Please consider an enduring gift of behalf of the birds.

A legal bequest may be worded as follows:

I give, devise and bequeath to United Poultry Concerns, Inc., a not-for-profit corporation incorporated in the state of Maryland and located in the state of Virginia, the sum of \$ _____ and/or (specifically designated property and/or stock contribution).

We welcome inquiries.

United Poultry Concerns, Inc.
P.O. Box 150 • Machipongo, Virginia 23405-0150



Photo by Tal Ronnen

I Use My Discontent to Make a Difference



By Jon Bockman

My name is Jon Bockman, and I recently received a large number of pamphlets and several *Poultry Press* publications with my UPC order. I have three pet chickens, and they mean the world to me. My life with them ignites my fire to extinguish the horrors of animal farming. Their complex personalities make me smile and cringe every day. I smile, because each chicken employs his or her own playful antics as they dustbathe, scratch, and beg for treats. I cringe, because I cannot help but think of the abysmal lives that billions of chickens endure as thieves

harvest their bodies. My heart burns for the chickens' plight. As a vegan for the past 18 months, I try to raise awareness to enact change. I leaflet and I speak out.

I will never lose the sick, nauseous feeling I have when I think of chickens in battery cages. The systematic torture of billions of lives feels like a bad dream. I know you mentioned the dream analogy in one of your books, but it bears repeating. The cold, metallic creations that jerk sweet little hens down an assembly line, shocking them and cutting them, must be a fantasy. I cannot believe that these things happen in real life, but knowing the sad truth, I cannot sit idly.

The conduct of our species in this matter makes me angry. Some people think that anger is a bad thing. I believe that anger can lead to action. I am not religious, but I appreciate this quote by St. Augustine: "Hope has two beautiful daughters; their names are Anger and Courage . . . Anger at the way things are, and Courage to see that they do not remain as they are." I use my discontent to make a difference. — *Jon Bockman* ♥

Jon Bockman lives in Illinois. This essay is derived from a letter he wrote to UPC president Karen Davis in July.



UPC President Karen Davis says, "Don't apologize! Be affirmative for animals and animal rights."



Jessica Fomalont, Karen Davis, and Liqin Cao at the Animal Rights 2008 National Conference

Mock Chop Liver



"Once you eat this vegetarian chopped liver, you'll never want to go back to meat. Never." – Roberta Kalechofsky, WNYC News, May 19, 2008

Incredibly delicious and sure to be a favorite for holidays. Can be prepared the day before.

1/2 package brown lentils (1/2 pound)
1 large diced onion
1 cup chopped walnuts
Salt to taste

Put lentils in a 2 or 3 quart pot, and cover with water. Use water sparingly so that lentils absorb all the water. More water can be added as needed. Bring water to a boil, partially cover and simmer for about 40 minutes. Check to make sure water has not boiled off, and add water as needed.

Sauté onions in olive oil until lightly golden and tender. Put lentils, walnuts and onions in food processor, puree until slightly coarse. Salt to taste. Chill about 2 hours. Serve with crackers or rye bread, or on lettuce leaves.

From *The Jewish Vegetarian Year Cookbook*, by Roberta Kalechofsky and Rosa Rasiel, Micah Publications, micah@micahbooks.com. www.micahbooks.com.

Roast Tofurky with Caramelized Onion and Cherry Relish



4 tablespoons apple cider
1 Tofurky roast
Preheat oven to 350 degrees.

In a large skillet, heat olive oil on medium heat. Add onion, cherries, brown sugar and vinegar and cook, stirring

2 tablespoons olive oil
1 large onion, sliced very thin
1 cup dried sour cherries
2 tablespoons brown sugar
2 teaspoons dijon mustard
2 tablespoons balsamic vinegar

occasionally, until onions are soft. Stir in mustard and apple cider, and simmer for two more minutes.

Place Tofurky roast on sheet of heavy-duty aluminum foil, and spread with the onion mixture. Wrap roast snugly with the foil. Place in roasting pan, and place on center rack of oven. Bake for 45 minutes. Uncover roast for last 10 minutes of baking.

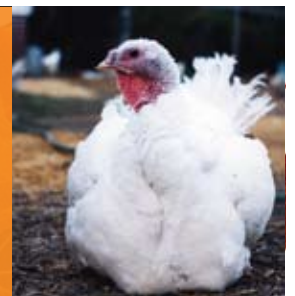
Slice roast, and serve with some of the pan juices spooned over it. *Can be served with Tofurky Giblet & Mushroom Gravy drizzled over it also.

Tofurky is sold at Whole Foods and other grocery stores. Ask for this product. Info: Call Turtle Island Foods at 800-508-8100 or visit www.tofurky.com.



Have a Compassionate Holiday Season
Be Kind to Turkeys - Go Vegan!

UNITED POULTRY CONCERNS 
WWW.UPC-ONLINE.ORG 757-678-7875



Thousands of people in Washington DC will see these King-Size Bus Posters in the weeks leading up to Thanksgiving this year.

Vegetarian Thanksgiving Open House on the Virginia Eastern Shore

Hosted by United Poultry Concerns

**You are Cordially Invited to Share our
18th Annual Thanksgiving Feast**

**Saturday, November 29, 2008 from 2 to 5 PM
12325 Seaside Road, Machipongo, VA 23405**

Meet Our Feathered Friends!



Please bring one all-vegetarian (vegan) dish to share. (enough to serve 4)

Directions

From Norfolk, cross the Chesapeake Bay Tunnel Bridge. Drive 20 minutes on Rt 13 North to the B & B Convenience Store & Chevron Station on the right. Turn right onto Machipongo Drive. Go a mile to the first stop sign. Turn left onto Seaside Road. Drive a mile to 12325 Seaside Road on the right—the white house just past Webb's Island Road.

From Maryland, DC, Northern VA, take the beltway to Rt 50 East. Cross the Bay Bridge. Drive through Salisbury, MD. Get on Rt 13 South towards Norfolk. Drive 80 Miles to Rt 620, Birdsnest (Look for the small green sign on the right.) Turn left onto Birdsnest Drive across the railroad tracks. Go a mile to the first stop sign. Turn right onto Seaside Road. Go to 12325 Seaside Road—the white house on the left.

From Richmond, take Interstate 64 East. After passing exits to Norfolk International Airport, take the next exit onto Northampton Blvd (Rt 13 North) to the Chesapeake Bay Tunnel Bridge. Cross the bridge. Keep going straight on 13 North and follow the above directions from Norfolk.

**For more information contact Karen Davis
757-678-7875 or Karen@upc-online.org**

United Poultry Concerns is a nonprofit organization that promotes the compassionate and respectful treatment of domestic fowl. www.upc-online.org

United Poultry Concerns Annual Report for 2007

Federal ID: 52-1705678

A Financial Statement is available upon written request to: Officer of Consumer Affairs, PO Box 1163, Richmond, VA 23218.

United Poultry Concerns is certified by Independent Charities of America to receive donations through the Combined Federal Campaign. Our CFC Agency Code is #11656.

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George Allan Cate, PhD, Vice President-Director

Joan Meanor Holtgraver, MA – Secretary Treasurer-Director

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Joan Meanor Holtgraver, Bookkeeper

Ronnie Steinau, Office Assistant

Gary Kaplan, Website Administrator & Graphic Designer

Holly Wills, Sanctuary Assistant

United Poultry Concerns holds that the treatment of chickens, turkeys, ducks and other domestic fowl in the areas of food production, science, education, entertainment, and human companionship situations has a significant effect upon human, animal, and environmental welfare. We seek to make the public aware of the ways in which poultry are used, and to promote the compassionate and respectful treatment of these birds and the benefits of a vegan diet and lifestyle. UPC conducts full-time educational programs and campaigns through our quarterly magazine *Poultry Press*, our Website at www.UPC-online.org, and our chicken sanctuary in Machipongo, Virginia. On April 20, 2007, Ira Glass, celebrity host of NPR's popular show, *This American Life*, told David Letterman and millions of viewers on *Late Night with David Letterman* that visiting our sanctuary inspired him to stop eating meat and become a vegetarian.

United Poultry Concerns maintains a permanent full-time office, sanctuary and education center at our headquarters at 12325 Seaside Road, Machipongo, Virginia 23405. We respond daily to Internet and telephone requests for help with bird-care problems, student projects, alternatives to classroom chick-hatching programs, and numerous other communications on the care, treatment and abuse of domestic fowl. We are grateful to all of our members and supporters for enabling us to fulfil our mission in 2007. From all of us at United Poultry Concerns, thank you for your support!

Highlights of Our Activities and Accomplishments in 2007

Sanctuary Adoptions – 25 birds in 2007

- ♥ Mr. Frizzle, a dear little “frizzle” rooster found wandering in Maryland
- ♥ Christine, a baby “broiler” hen who fell off a truck in Maryland
- ♥ “Thumbelinas” - 5 tiny black hens adopted in Virginia
- ♥ Oliver & Dorothea, handsome chickens adopted from Maryland animal shelter
- ♥ The Sentinel Sisters - 12 lively white leghorn hens adopted in Virginia
- ♥ Aubrey & Amelia – two beloved turkeys adopted in Virginia
- ♥ Francine & Iris – two sweet brown hens adopted in Virginia



Mr. Frizzle & the Thumbelinas

Actions * Investigations * Campaigns - 2007

- ♥ Supported successful Virginia legislation to increase penalties for cockfighting.
- ♥ Launched a successful campaign to stop chicken abuse at Kansas State University basketball games. Got *Sports Illustrated* to remove its website instructions urging college students to conduct this cruel “prank.”
- ♥ Urged Amazon.com to stop selling subscriptions to cockfighting magazines – a violation of the federal Animal Welfare Act prohibiting interstate shipment of birds for fighting purposes. (Amazon is still doing it – protest!)
- ♥ Issued a national press release on the need to replace classroom chick hatching projects with humane education, May 18.
- ♥ Launched a campaign to eliminate the use of chickens in kapparot rituals. Published brochure, *“A Wing & A Prayer: The Kapparot Chicken-Swinging Ritual.”* Flooded the Rabbinical Council of America with letters urging the Council to advocate the use of money instead of chickens in kapparot ceremonies. UPC's letter to the Rabbinical Council (08/16/07) is posted at www.upc-online.org/kaparos/81607letter.html.
- ♥ Protested successfully against CBS for slaughtering chickens on “Kid Nation.”
- ♥ Urged Sara Lee to cover trucks taking turkeys to slaughter in freezing weather, following an investigation by Animals' Angels, in Storm Lake, Iowa.



UPC stopped Kansas State students' cruelty to hens as a “sports prank.”

- ♥ Endorsed California Ballot Initiative (Proposition 2) designed to reduce the suffering of egg-laying hens and other farmed animals in California.
- ♥ Participated in a successful campaign to get Morningstar Farms to add more egg-free, vegan foods to their product line.
- ♥ Protested the government's destruction with fire-fighting foam of avian influenza-infected turkeys on an industrial farm in West Virginia in April.
- ♥ Leafleted for turkeys - "Too Neat to Eat!" - at the White House, November 15.

New Website/Print Documents - 2007

- ♥ *Avian Influenza (Bird Flu)*
– *What You Need to Know*
(Booklet)
http://www.upc-online.org/poultry_diseases/21207flureport.html
http://www.upc-online.org/poultry_diseases/birdflu.pdf



Egg farmers debeak baby chicks.

- ♥ *A Wing & A Prayer: The Kapparot Chicken-Swinging Ritual* (Brochure) <http://www.upc-online.org/kaparos/upckapparot.pdf>
- ♥ *Jane - One Tiny Chicken Foot . . .* (Chickens Transport Story) <http://www.upc-online.org/broiler/121206jane.html>
- ♥ *Debeaking Birds Has Got to Stop* (Article) <http://www.upc-online.org/winter07/debeaking.html>

United Poultry Concerns Annual Conference - 2007

- ♥ UPC' 7th Annual Conference, "Impermissible Comparisons," New York University Law School, March 24-25

International Respect for Chickens Day – May 4, 2007

- ♥ Produced & distributed two new "International Respect for Chickens Day" posters
- ♥ Provided posters to 16 branches of the Baltimore County Public Libraries in Maryland for display
- ♥ Held IRCD Events at the White House and in Takoma Park, MD, May 4-5
- ♥ Provided IRCD activists in the U.S. and Canada with advocacy literature

Teachers Conferences - 2007

- ♥ Minnesota Teachers Conference, October 13
- ♥ Virginia Association of Science Teachers, November 8-10

Agribusiness Conference Participation - 2007

- ♥ National Commission on Industrial Farm Animal Production, USDA, Washington DC, June 13
- ♥ Future Trends in Animal Agriculture, USDA, Washington DC, September 20

Keynote Speaking Engagements & Exhibitor Tables - 2007

- ♥ Thinking About Animals in Canada, Brock University, Ontario, March 15-16
- ♥ Maine Animal Coalition Food Festival, Portland, April 21
- ♥ New York Bird Club, May 19
- ♥ Animal Rights National Conference, Washington DC, July 20-23
- ♥ North American Vegetarian Society Summerfest, Johnston, PA, July 26-28
- ♥ Taking Action for Animals Conference, Washington DC, July 28-30
- ♥ Women & Spirituality Conference, Minnesota State U, Mankato, October 13-14
- ♥ "The Life of a McNugget," Lecture/Book Signing, Macalester College, MN, Oct 14
- ♥ Animal Rights Foundation of Florida UPC Fundraiser Dinner, December 8

Additional Community Outreach – Exhibitor Tables - 2007

- ♥ Sanctuary Open House Picnic for PETA volunteers , June 2
- ♥ Richmond Vegetarian Festival, Richmond, VA, June 23
- ♥ Charlottesville (VA) Vegetarian Festival, September 29
- ♥ Eastern Shore Birding Festival, Cape Charles, VA, October 5-7
- ♥ Green Festival, Washington DC, October 6-7
- ♥ Vegetarian Society of Washington, DC, Thanksgiving Celebration, November 22
- ♥ United Poultry Concerns Thanksgiving Open House, November 24

UPC in the News:

PRINT MEDIA (Including Internet Publications) - 2007

- ♥ *Chase Calendar of Events* 2007(International Respect for Chickens Day)
- ♥ *Feedstuffs*, January 8, Bird flu (UPC letter)
- ♥ *The Independent* (Ireland), January 22, Compassionate diet (UPC letter)
- ♥ *Minnesota Monthly*, February 24, Shipping live chicks as airmail (UPC letter)
- ♥ *The Courier*, Houston TX, April 12, Cockfighting (UPC quoted)
- ♥ *Messenger-Inquirer*, Owensboro, KY, International Respect for Chickens Day (UPC quoted)
- ♥ *Eagle Newspaper*, Butler, PA, May 3, International Respect for Chickens Day (UPC quoted)
- ♥ *Vegetarian Voice Magazine*, Summer, Chickens' lives (UPC article)

- ♥ Philadelphia City Paper, May 30, Classroom chick hatching (UPC quoted)
- ♥ Philadelphia City Paper, June 6, Classroom chicken hatching (UPC letter)
- ♥ Legislative Gazette: Weekly Newspaper of the New York State Government, June 4, live bird markets (UPC quoted)
- ♥ Legislative Gazette, June 8, Live bird markets (UPC letter)
- ♥ USA Today-Associated Press, June 9, Fire-fighting foam (UPC quoted)
- ♥ PhillyBurbs.com-AP, June 9, Fire-fighting foam (UPC quoted)
- ♥ Herald-Dispatch-AP, Huntington, WV, June 9, Fire-fighting foam (UPC quoted)
- ♥ MSNBC-AP, June 10, Fire-fighting foam (UPC quoted)
- ♥ Abolitionist Online-A Voice for Animal Rights, June (UPC Interview)
- ♥ The Buffalo News, July 17, Chicken intelligence (UPC guest column)
- ♥ The Yeshiva World, August 8, Kapparot (UPC letter)
- ♥ Forward.com, August 29, Kapparot (UPC letter)
- ♥ PR Newswire, September 11, Kapparot (UPC press release)
- ♥ European Vegetarian and Animal News Agency, September 11, Kapparot (UPC press release)
- ♥ The Poultry Site Latest News, September 12, Kapparot (UPC press release)
- ♥ The Animals Voice Magazine, Fall, Debeaking (UPC article)
- ♥ Northern Virginia Daily, October 8, Cockfighting (UPC quoted)
- ♥ Des Moines Register, November 21, Sara Lee Turkey Transport (UPC quoted)
- ♥ Des Moines Register, November 30, Sara Lee Turkey Transport (UPC letter)
- ♥ Scripps Howard, November 21, Turkey article (UPC quoted)
- ♥ In City Times, Worcester, MA, November 9-22, (UPC article)
- ♥ Palo Alto Daily News, November 22, "The Turkey in America" (UPC guest column)
- ♥ ISTHMUS-The Daily Page, Madison, WI, November 23, Turkey article (UPC quoted)
- ♥ San Jose Mercury News, November 22 – The Turkey in America (UPC guest column)
- ♥ Boulder Daily Camera, November 21, The Turkey in America (UPC guest column)
- ♥ Las Vegas Review-Journal, The Turkey in America, November 23 (UPC guest column)
- ♥ InsideBayArea.com, November 22, The Turkey in America (UPC guest column)

BROADCAST MEDIA

- ♥ WRFG 89.3 FM Atlanta, GA, March 7, Kentucky State University chicken abuse
- ♥ Animal Talk with Suzanne Dragan, WCTC, Central Jersey, March 18, "Easter chicks"

- ♥ State Department's Foreign Press Center-Chilevision TV, Interview for Chilean television documentary on live bird markets & bird flu, New York City, March 24
- ♥ Vegan Radio with Derek Goodwin, April 26
- ♥ Animal Talk with Suzanne Dragan, WCTC Central Jersey, April 30, (IRCD)
- ♥ Animal Matters with Karen Meicht, KZFR, Chico, CA, May 3 (IRCD)
- ♥ Late Night with David Letterman, June 20 (Ira Glass on UPC's chicken sanctuary)
- ♥ Animal Talk with Suzanne Dragan, WCTC, Central Jersey, November 18 (plight of turkeys)
- ♥ "For the Love of Chickens," Supreme Master Television, November 9 (This beautiful tribute to United Poultry Concerns, broadcast on November 9, 2007, can be watched on your computer at Animal_World_2007.11.09_421.asf)



Ira Glass of This American Life went vegetarian after meeting our chickens!

Financial Report - 2007

United Poultry Concerns Fiscal Year: January 1, 2007 to December 31, 2007

Revenues.....	\$471,741.00
Public Support.....	456,215.00
Expenses.....	\$147,567.00
Programs and Education.....	118,586.00
Organizational Management	8,998.00
Fundraising.....	19,983.00
Net Assets/Fund Balance at End of Year.....	\$453,073.00

United Poultry Concerns gratefully acknowledges the kind assistance of these foundations and trusts in 2007:

- The Marino Foundation**
- The Nancy O'Brien Trust**
- Harold B. Larson Charitable Trust**
- Estate of Dietrich Von Haugwitz**
- The New York Community Trust**
- Philip T. Kislak Philanthropic Fund**
- The Summerlee Foundation**

Thank You for Your Support!

POSTCARDS

20 for \$4.00,
40 for \$7.50



"Love is Best"

"Misery is Not a Health Food"



"Chickens - To Know Them is to Love Them"



"Peaceable Kingdom"

UPC Ordering Information:

All Prices Include Postage
To order indicated items send check
or money order to:

United Poultry Concerns
P.O. Box 150
Machipongo, VA 23405-0150

Or order online at upc-online.org

FACT SHEETS

20 for \$3.00:

- "Viva, the Chicken Hen / Chickens Raised for Meat"
- "Jane-one tiny chicken foot"
- "Debeaking"
- "Starving Poultry for Profit" (forced molting)
- "Poultry Slaughter: The Need for Legislation"
- "Why Be Concerned About Mr. Perdue?"
- "The Rougher They Look, The Better They Lay" (free-range egg production)
- "Intensive Poultry Production: Fouling the Environment"
- "Philosophic Vegetarianism: Acting Affirmatively for Peace"
- "The Rhetoric of Apology in Animal Rights"
- "Providing a Good Home for Chickens"
- "Chicken Talk: The Language of Chickens"
- "Celebrate Easter Without Eggs"
- "Chicken for Dinner: It's Enough To Make You Sick"
- "Guide to Staffing Tables: Do's & Don'ts"
- "Assume No Animal Products are Safe"

- "Henny's New Friends"
- "Avoiding Burnout"
- "The Life of One Battery Hen"
- "Bird Flu - What You Need to Know"

BROCHURES

20 for \$3.00:

- "A Wing & A Prayer" (kapparot ritual)
- "Don't Plants Have Feelings Too?"
- "Chickens"
- "The Battery Hen"
- "Turkeys"
- "Ostriches & Emus: Nowhere To Hide"
- "Japanese Quail"
- "The Use of Birds In Agricultural and Biomedical Research"
- "Free-Range' Poultry and Eggs: Not All They're Cracked Up to Be"
- "Live Poultry Markets" (in English, Hispanic, & Chinese)
- "Chicken-Flying Contests"

LEAFLETS (FLYERS)

20 FOR \$1.50

- "Chicken for Dinner?"
- "Where Do Eggs Come From?"
- "The 'Human' Nature of Pigeons"

Bumper Stickers

Don't Just Switch from Beef to Chicken: Get the Slaughterhouse out of your kitchen. \$1 each

Don't Just Switch from Beef to Chicken: Go Vegan. \$1 each

Beautiful Chicken and Turkey Buttons

\$2.00 each. 3 for \$5.00. 10 for \$10.00.
Any mixture.

- Chickens are Friends, Not Food
- Turkeys are Friends, Not Food
- Stick Up For Chickens
- Be Kind to Turkeys-Don't Gobble Me



T-Shirts IN 2 STYLES!

Too Neat to Eat

Beige or white T-Shirt in full dazzling color.
Specify "Rooster" M, L or "Hen with Egg." S, L, XL - \$18.00



VIDEOS

The Emotional World of Farm Animals

By Animal Place

This is a wonderful documentary produced by Animal Place and led by best-selling author Jeffrey Masson. This delightful film – for viewers of all ages – is all about the thinking and feeling side of farmed animals. **A PBS Primetime Favorite! Get your local station to air it.**

VHS and DVD \$20



The Dignity, Beauty & Abuse of Chickens

By United Poultry Concerns

Our video shows chickens at UPC's sanctuary doing things that chickens like to do! 16:07 min. — Color * Music * No Narration. VHS and DVD. \$10



Inside a Live Poultry Market

By United Poultry Concerns

This horrific 11-minute video takes you inside a typical live bird market in New York City. An alternative to "factory farming"? Watch and decide. VHS and DVD. \$10

Behavior of Rescued Factory-Farmed Chickens in a Sanctuary Setting

By United Poultry Concerns

See what a chicken can be when almost free! This 12-minute video shows chickens, turkeys, and ducks at UPC's sanctuary racing out of their house to enjoy their day. VHS and DVD. \$10

Inside Tyson's Hell: Why I Got Out of the Chicken Slaughtering Business

by Virgil Butler

Produced by United Poultry Concerns and the Compassionate Living Project. DVD. 58.35 min. \$15



45 Days: The Life and Death of a Broiler Chicken

By Compassion Over Killing

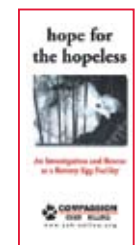
This 12-minute video shows the pathetic industry treatment of the more than 8 billion baby "broiler" chickens slaughtered each year in the US. VHS and DVD. \$10



Hidden Suffering

By Chickens' Lib/ Farm Animal Welfare Network

This vivid half hour video exposes the cruelty of the battery cage system and intensive broiler chicken, turkey and duck production. VHS. \$10



Hope for the Hopeless

By Compassion Over Killing

An Investigation and Rescue at a Battery Egg Facility documents the living conditions of hens at ISE-America in Maryland. www.ISECruelty.com 18:28 minutes VHS. \$10

Ducks Out of Water

By Viva! International Voice for Animals

This powerful 5-minute video takes you inside today's factory-farmed duck sheds in the US. VHS. \$10

Delicacy of Despair

By GourmetCruelty.com

This investigation and rescue takes you behind the closed doors of the foie gras industry and shows what ducks and geese endure to produce "fatty liver." 16:30 minutes. DVD. \$10



Humane Slaughter?

By Farm Sanctuary

Humane Slaughter takes the viewer into poultry slaughterhouses to witness the horrendous suffering endured by chickens and turkeys. 9 minutes. VHS. \$10

CHILDREN'S BOOKS

Replacing School Hatching Projects: Alternative Resources & How To Order Them

By Karen Davis

Our stimulating booklet catalog has all the information you need to hatch great new lessons for young students – videos, books, models, and more. \$2.50

Bird Watching as an Alternative to Chick Hatching

By Karen Davis

More great classroom ideas and outdoor activities. \$2.50

A Home for Henny

By Karen Davis

This wonderful children's book tells the touching story of a little girl, a chicken, and a school hatching project. Beautifully illustrated by Patricia Vandenberg, it's the perfect gift for a child, parents, teachers, your local library. \$4.95

Animal Place: Where Magical Things Happen

By Kim Sturla

Enchant young children with this charming tale about a stubborn girl who is secretly touched by a cow while visiting a sanctuary for farm animals. \$11.00

Goosie's Story

By Louise Van Der Merwe

A wonderful illustrated children's book about a "battery" hen who is given a chance to lead a normal life – a happy life. This moving book will be warmly welcomed and shared by children, parents and teachers, highlighting as it does the concern and compassion we ought to feel for all our feathered friends on this earth. \$4.95

A Boy, A Chicken and The Lion of Judah – How Ari Became a Vegetarian

By Roberta Kalechofsky

This wonderfully gifted children's story, set in modern Israel, is about a young boy's quest for moral independence. An intelligent book for all ages. Winner of the Fund for Animals "Kind Writers Make Kind Readers Award." \$10.00

Nature's Chicken, The Story of Today's Chicken Farms

By Nigel Burroughs

With wry humor, this unique children's story book traces the development of today's chicken and egg factory farming in a perfect blend of entertainment and instruction. Wonderful illustrations. Promotes compassion and respect for chickens. \$4.95

Minnie's Dream

By Clare Druce

What happens when a young girl from the city discovers a battery-hen operation in the country? What happens when a "battery hen" named Minny speaks to her? What must she do when her friend Minny is going to be killed? This book is a must for the young person(s) in your life, age 8-14. \$10

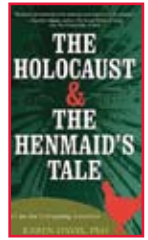


BOOKS & BOOKLETS

The Holocaust and the Henmaid's Tale: A Case for Comparing Atrocities

By Karen Davis

In this thoughtful and thought-provoking contribution to the study of animals and the Holocaust, Karen Davis makes the case that significant parallels can – and must – be drawn between the Holocaust and the institutionalized abuse of billions of animals on factory farms. \$20



More Than a Meal: The Turkey in History, Myth, Ritual, and Reality

By Karen Davis

Karen Davis shows how turkeys in the wild have complex lives and family units, and how they were an integral part of Native American and continental cultures and landscape before the Europeans arrived while drawing larger conclusions about our paradoxical relationship with turkeys, all birds and other animals including other human beings. "The turkey's historical disfigurement is starkly depicted by Karen Davis in 'More Than a Meal.'" - *The New Yorker* \$20



Prisoned Chickens, Poisoned Eggs: An Inside Look at the Modern Poultry Industry

By Karen Davis

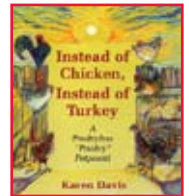
This book is a fully-documented source of up-to-the-minute information about chickens, including everything from how a chick develops inside an egg to the causes of salmonella, and much more. Provides a chilling account of the morally handicapped poultry & egg industry. \$14.95



Instead of Chicken, Instead of Turkey: A Poultryless "Poultry" Potpourri

By Karen Davis

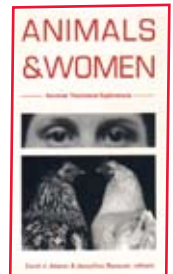
This delightful vegan cookbook by United Poultry Concerns, Inc. features homestyle, ethnic, and exotic recipes that duplicate and convert a variety of poultry and egg dishes. Includes artwork, poems, and illuminating passages showing chickens and turkeys in an appreciative light. \$14.95



Animals and Women: Feminist Theoretical Explorations

Edited by Carol J. Adams & Josephine Donovan

"Karen Davis's brilliant essay [Thinking Like a Chicken: Farm Animals and The Feminine Connection] brings together the books' central concepts, leading to conclusions that rightly should disturb feminists and animal advocates alike." – Review by Deborah Tanzer, Ph.D. in *The Animals' Agenda*. \$16.95



Replacing Eggs

By United Poultry Concerns

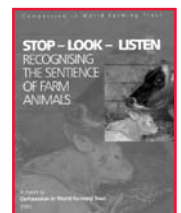
Sick of salmonella? Our exciting booklet invites you to cook and eat happily without eggs! 16 delicious recipes. \$3.50



Stop Look Listen - Recognizing the Sentience of Farm Animals

By Compassion in World Farming


A must-have educational resource for humane educators, animal advocacy organizations, schools, and libraries. \$2.50



ANIMAL PEOPLE - the Humane Movement in America

A film by Gary Kaskel, Music by Robert Douglas.

This 84-minute award-winning documentary includes UNITED POULTRY CONCERNS, Karen Davis and many other leaders from within the animal advocacy movement in America. DVD \$23 USD

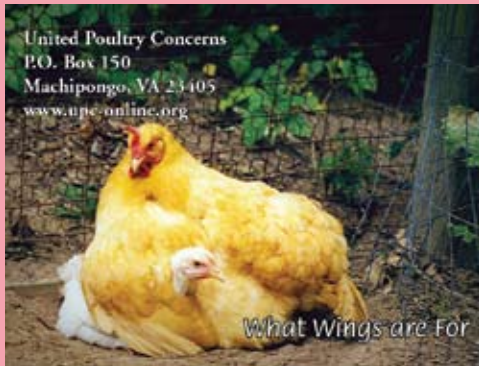


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 Order our eye-catching color stickers!
 Size: 2" X 2 3/4"
 100 stickers for \$10.



Size: 2" X 2.5"



With Heart and Voice - a Beautiful Greeting Card from UPC

\$19.95 for 20 cards. \$38.95 for 40 cards.
 Envelopes included. Single card & envelope \$1.00.



POSTERS

A Heart Beats in Us the Same as in You

Photo by People for the Ethical Treatment of Animals

Full-color poster vividly captures the truth about factory chickens for the public.

Vegetarian message. 18"x22"



Friends, Not Food

Photo by Franklin Wade
 Liqin Cao & FreddaFlower.
 Full color 19"x27" poster.



What Wings are For: Chicks Need Their Mothers

Photos by Kay Evans & Karen Davis
 Great educational tool. Full color 11-1/2"x16" poster.



Walking to Freedom After a Year in Cages

Photo by Dave Clegg
 Full color, 18"x22" poster.



"Battery Hens"

Photo by Susan Rayfield
Roosting in Branches After Rotting in Cages
 This beautiful color poster shows the rescued Cypress hens at UPC. Perfect for your office, your home, your school — Size 11.5 inches



Great Turkeys Poster!

Photos by Barbara Davidson & Susan Rayfield
 The posters are in color, and come in two sizes; 11.5" x 16", and 18" x 27"



**UPC posters in any mix:
 One for \$4. Two for \$5. Three for \$7.**



Photo by: United Poultry Concerns

Living at Thanksgiving

UNITED POULTRY CONCERNS, INC.



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Machipongo, VA
23405-0150

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INSIDE

UPC Metro Ads
Story of Ruby & Ivy
Great New Products
Delicious Holiday Recipes
Discontent Can Make a Difference
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2007 Annual Report

Happy Fall! Renew your membership for 2009